

Pediatric Nursing®

A JANNETTI PUBLICATIONS INC. JOURNAL

July/August 2018 – Vol. 44 No. 4

pediatricnursing.net



Inside this Issue

- CNE** Evidence-Based Asthma Control Assessments in Pediatric Care
- Enhancing Parent Participation With Hospitalized Children Using The Gentle Hair Brushing Routine
- Receipt of Antenatal Steroids And Respiratory Support Among Premature Infants Exposed To Prenatal Smoking and Substance Use
- Quality of Life in School-Age Children with Obesity
- Gardening: A Path to Development and Health
- Social Media and Adolescent Health
- Pediatric Obesity in Primary Practice: A Review of the Literature

Also Inside...

Demystifying Research
Reusing Data

**Earn 1.4 Contact Hours
in this Issue.**

Free CNE for Subscribers!



P 10
S
PLT 2
853

PNJ JJA 18 JPI 14523417 JI 12/31/2018 0 00 00
LILIA VERGARA
12003 SANGUINE SOUND LN
HOUSTON TX 77089-6711
SCH 3-DIGIT 770

Pediatric Nursing®

A JANNETTI PUBLICATIONS INC. JOURNAL

TABLE OF CONTENTS

FEATURE ARTICLES

CNE

- 163** Evidence-Based Asthma Control Assessments in Pediatric Care
Melodye Harvey, Noreen Lennen, and Kelli Whitted
- 169** Enhancing Parent Participation with Hospitalized Children Using The Gentle Hair Brushing Routine
Dana E. Crawford, Marva L. Lewis, Miranda Bartholomew, and Stephanie Joseph
- 177** Receipt of Antenatal Steroids and Respiratory Support Among Premature Infants Exposed to Prenatal Smoking and Substance Use
Yukiko Washio, Neal D. Goldstein, Amy Mackley, Robert Locke, and David A. Paul
- 183** Quality of Life in School-Age Children with Obesity
Shannon Baker Powell, Martha Keehner Engelke, and Melvin S. Swanson
- 191** Gardening: A Path to Development and Health
Patricia Ryan-Krause
- 196** Social Media and Adolescent Health
Maggie R. Guinta and Rita M. John
- 202** Pediatric Obesity in Primary Practice: A Review of the Literature
Jessica Durbin, Mitzi Baguioro, and Donita Jones

Journal Philosophy Statement

Pediatric Nursing presents information that is both theoretically grounded and clinically relevant to educate the novice, enrich the generalist, and advance the pediatric specialist toward providing professional care of the highest quality.

Connect with your
pediatric nursing colleagues!



Find us on Facebook at
[facebook.com/PediatricNursing](https://www.facebook.com/PediatricNursing)



Find us on Twitter at
twitter.com/PedNursing

Reader Services

Subscription info:

Jannetti Publications, Inc.
East Holly Avenue Box 56 • Pitman, NJ 08071-0056
(856) 256-2300 • FAX (856) 589-7463 • pnjrn@aaj.com • pediatricnursing.net

Subscription rate: Personal \$60 per year. Institutional \$90 per year. \$32 additional postage (per year) outside U.S. Single copy \$18.

Claims for missing issues: Claims for missing issues must be submitted within 4 months (6 months international) of the publication date.

Cancellations: Subscription cancellations will not be accepted after the 2nd issue has been mailed.

Authorization to photocopy items for internal or personal use, or the internal use of specific clients, is granted by Jannetti Publications, Inc., provided that the appropriate fee is paid directly to Copyright Clearance Center, 222 Rosewood Drive, Danvers, MA 01923; (978) 750-8400; www.copyright.com. For those organizations that have been granted a photocopy license by CCC, a separate system of payment has been arranged. Special arrangements for permission are required from the publisher for any other purpose.

Pediatric Nursing is a refereed journal. The opinions expressed in the journal are those of the contributors, authors, and/or advertisers, and do not necessarily reflect the views of Jannetti Publications, Inc., *Pediatric Nursing*, or its editorial staff.

Pediatric Nursing is indexed in and selected full text is available from the **Cumulative Index to Nursing & Allied Health Literature (CINAHL)**, **EBSCO Academic Search Premier**, **Gale**, **Infotrieve**, **Nursing Abstracts**, **Ovid**, **PubMed**, **ProQuest**, **BigChalk**, **RNDex Top 100**, **SIMID**, and **UMI**.

Pediatric Nursing (ISSN 0097-9805) is owned and published bimonthly by Jannetti Publications, Inc., East Holly Avenue Box 56, Pitman, NJ 08071-0056; (856) 256-2300. Periodicals postage paid at Deptford, NJ and at additional mailing offices. Copyright 2018 by Jannetti Publications, Inc. All rights reserved. Reproduction in whole or part, electronic or mechanical, without written permission of the publisher is prohibited.

Change of address must be reported 6 weeks prior to change to insure delivery. The publisher cannot assume responsibility of replacing undelivered issues. **POSTMASTER:** Send address changes and undelivered copies to *Pediatric Nursing*, East Holly Avenue Box 56, Pitman, NJ 08071-0056.

Pediatric Nursing®

TABLE OF CONTENTS

DEPARTMENTS

- 161 Editorial**
Cruel Decisions: What Were They Thinking?
Judy A. Rollins
- 182 Pediatric Nursing Guidelines for Authors**
Submit Your Manuscript Today!
- 189 Demystifying Research**
Reusing Data
Jean Ivey

Pediatric Nursing®

Do We Have Your Email Address on File?

If not, you're missing out!

By sending us your email address, you will receive:

- ✓ Notification of when the latest *Pediatric Nursing* issue is available online.
- ✓ Updates on the *Pediatric Nursing* Annual Conference
- ✓ The opportunity to participate in *Pediatric Nursing* readership surveys. Your input drives our content!

Pediatric Nursing emails are informative and relevant to your nursing career. You may unsubscribe from this service at anytime.

Take full advantage of your subscriber benefits and simply create your subscriber account at pediatricnursing.net.

EDITOR

Judy A. Rollins, PhD, RN
 Rollins & Associates
 Washington, DC

EDITORIAL BOARD

Elizabeth Ahmann, ScD, RN, PCC
 Vicky R. Bowden, DNSc, RN
 Jean Ivey, PhD, CRNP, PNP-BC, FAANP
 Meghan Long, BSN, RN
 Bernice Mowery, PhD, PNP, RN
 Cindy Schmus, MSN, CRNP
 Leigh Small, PhD, RN, CPNP-PC, FNAP

SERIES EDITOR

Deborah Dokken, MPA

COLUMNISTS

Jessika Boles, PhD, CCLS
 Marcia Gardner, PhD, RN, CPNP, CPN
 Renee Roberts-Turner, DHA, MSN, RN,
 NE-BC, CPHQ
 Tedra Simmons, DNP, CRNP, PNP-PC

PEDIATRIC NURSING CONFERENCE LIAISON

Louise D. Jakubik, PhD, RN-BC, CSP

MANAGING EDITOR

Carol Ford

EDITORIAL COORDINATOR

Jackie Massaro

ADVERTISING MANAGER

Rick Gabler

MARKETING COORDINATOR

Miriam I. Martin

ART DIRECTOR

Jack M. Bryant

LAYOUT & DESIGN SPECIALIST

Darin Peters

EDUCATION DIRECTOR

Rosemarie Marmion, MSN, RN-BC, NE-BC

BUSINESS MANAGER

Patricia Fortney

CIRCULATION MANAGER

Rob McIlvaine

PUBLISHER

Anthony J. Jannetti

ADVERTISING OFFICE

Anthony J. Jannetti, Inc.
 East Holly Avenue/Box 56
 Pitman, NJ 08071-0056
 (856) 256-2300
 (856) 256-2345 FAX
pnjml@ajj.com
pediatricnursing.net

PEDIATRIC NURSING

(ISSN 0097-9805)

Connect with your
 pediatric nursing
 colleagues!



Find us on Facebook at
[facebook.com/PediatricNursing](https://www.facebook.com/PediatricNursing)



Find us on Twitter at
twitter.com/PedNursing

Advertisers' Index

Pediatric Nursing Certification Board	162
Neotech	Back cover

As a courtesy to our advertisers, *Pediatric Nursing* includes an advertiser's index. *Pediatric Nursing* is not responsible for any omissions or errors.

Publication management is provided by Anthony J. Jannetti, Inc., which is accredited by the Association Management Company Institute.