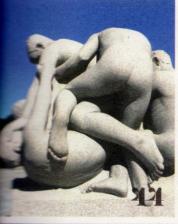
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HOT SPOTS: New destinations for #Summer2019 TWO-WHEEL TREATS:
Luxury rides
to island drives

WHAT'S IN?
Sustainable dining, local products + green leisure













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#Going(So)Emotional FROM THE EDITOR

SUMMER OF YEARS PAST

t is always summer.

My mind is filled with summer memories as early as the age of 5. It was summer when I experienced my first road trip to Baguio. I still have a vivid picture of a horseback ride. That was the first time I can clearly see the face of my parents, both of them so young and spritely in their steps. I remember a boat ride, a bowling hall, some sweets – maybe peanut brittle or strawberry jam. I remember all of those things during

Then high school came. Summers were with best friends Will and Kenford. It was still Baguio, but with more crowd. I remember Will's vacation house in Balacbac – its concrete corners and wooden floor; the smell of pine. I remember the stillness of the night and the nearness of the stars.

I remember his mom buying dozens of crabs and the 3 of us would devour the bright-orange seafood with our bare hands. We were messy but we had laughter, we pranked each other, we had friendship.

Then college years came. I wanted to become a writer. Summer was spent discovering my artistic side. I joined a theater group, a campus paper, a literary organization, etc. I met new faces, learned new words, read new works. It was a drastic (but welcome) change. I remember joining a rally for farmers, becoming part of a leftist student group, and acting in a theater production. I remember the break waters at the back of the CCP Complex where I conducted writing workshops. I would toss 'ugly' works in the waters of Manila Bay.

I remember the fishball, the beef *pares*, the smell of craft beer and imported cigarettes. It was hot. It was summer. It was a simple life – and I loved every moment of it.

So many summers have come and gone. I remember a summer at Teacher's Camp in Baguio for a poetry workshop under the late National Artist Cirilo Bautista. I wrote an awful poem. Years later, during another summer, I joined Sir Cirilo to visit his vacation home in Baguio. I saw his book collection and the small corner where he used to write his poems. Then, I would often visit his house in Quezon City at the height of summer, when he does his cleaning and would give me books. I miss talking to him.

When I became part of Manila Bulletin and this magazine's original title 'Cruising', summers became time for road trips. I remember the empty beach of Pagudpud, the sunset in the baywalk of Dumaguete, the majestic stance of Mayon during dusk. I remember the bus ride to a town out of nowhere in Cagayan, the ghost encounters in an old inn in Romblon, the rush of adrenaline in a Davao river. I vividly remember Miag-ao Church, its façade like an artwork in a pamaypay.

#TABLEMANNERS



Indulge in a meatless menu at a family-run restaurant

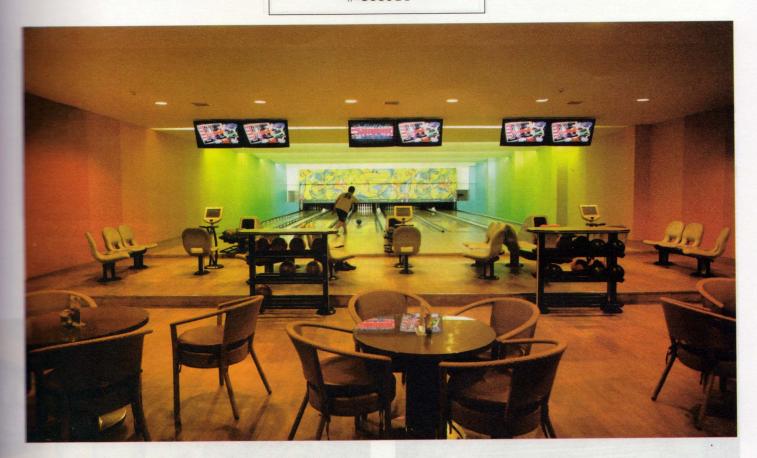
TEXT BY KIM FERRER
PHOTOS BY JOVEL LORENZO

ince 2001, Greens Restaurant and Cafe has been serving meatless dishes – long before the popularity of vegetarian restaurants. "From the beginning, the restaurant's goal has been to advocate a plant-based diet as a healthier alternative and from the response of our customers, we are fulfilling that mission," shared manager Janardan Duran.

The idea for the restaurant came to Wally, Duran's vegetarian father, when he was 19 years old. He dreamt of setting up a vegetarian restaurant because it was rare during that time and he didn't have any restaurant to go to.

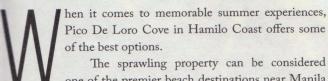
Duran's father encountered a lot of challenges along the way while trying to set up the restaurant. Years later, he met Mary Ann, Duran's mother, who was knowledgeable in cooking and preparing vegetarian dishes. She served as the missing piece to finally set up Greens. Today, their menu offers a combination of Asian and Filipino dishes conceptualized by the couple.







Club activities like (clockwise from top) Bowling, badminton and billiards are options for guests staying at Pico Sands Hotel



The sprawling property can be considered one of the premier beach destinations near Manila, (approximately 3 hours away) and it offers activities for all types of vacationers. There's definitely something for everyone: from video game sessions and beach bumming to swimming with the sharks!

Pico De Loro Cove, the first phase of Hamilo Coast's 5,900-hectare property, has perfected the mix of modern comfort, natural beauty and environmental conservation. It's a resort community with a residential area, a private beach club, and a hotel where guests can book a summer escape not so far from the city.



Clockwise: Steps leading to the observatory; game room at Club Pico; and the pool area



If you wish to stay within the hotel vicinity, you can swim and lounge at the pool by the Country Club or indulge in a game of billiards or bowling. Kids are sure to enjoy an hour or more of playing Wii or PS4 at the Game Room or perhaps do a more physically challenging session at the badminton court.

Guests are encouraged to enjoy the outdoors – you and your family members can do a relaxing stroll around the lake, which has a breathtaking backdrop for an Insta-moment or go uphill towards the view deck and the chapel to bask in the view of the whole cove.

The Pico beach area is also a favorite place to indulge in some water activities like kayaking, jet skiing, dragon boat (their version of the banana boat ride), and paraw sailing.





#SNAPSHOTS

glonions SUMMER

As temperatures become intense, so does the need to cool down. Complaining is no use.

Instead, take it as an invitation to make the most out of the season – to ride the heat wave, undo as many buttons (or shed clothes altogether), and shine golden in the glorious summer heat.

(Kath Elefante)

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