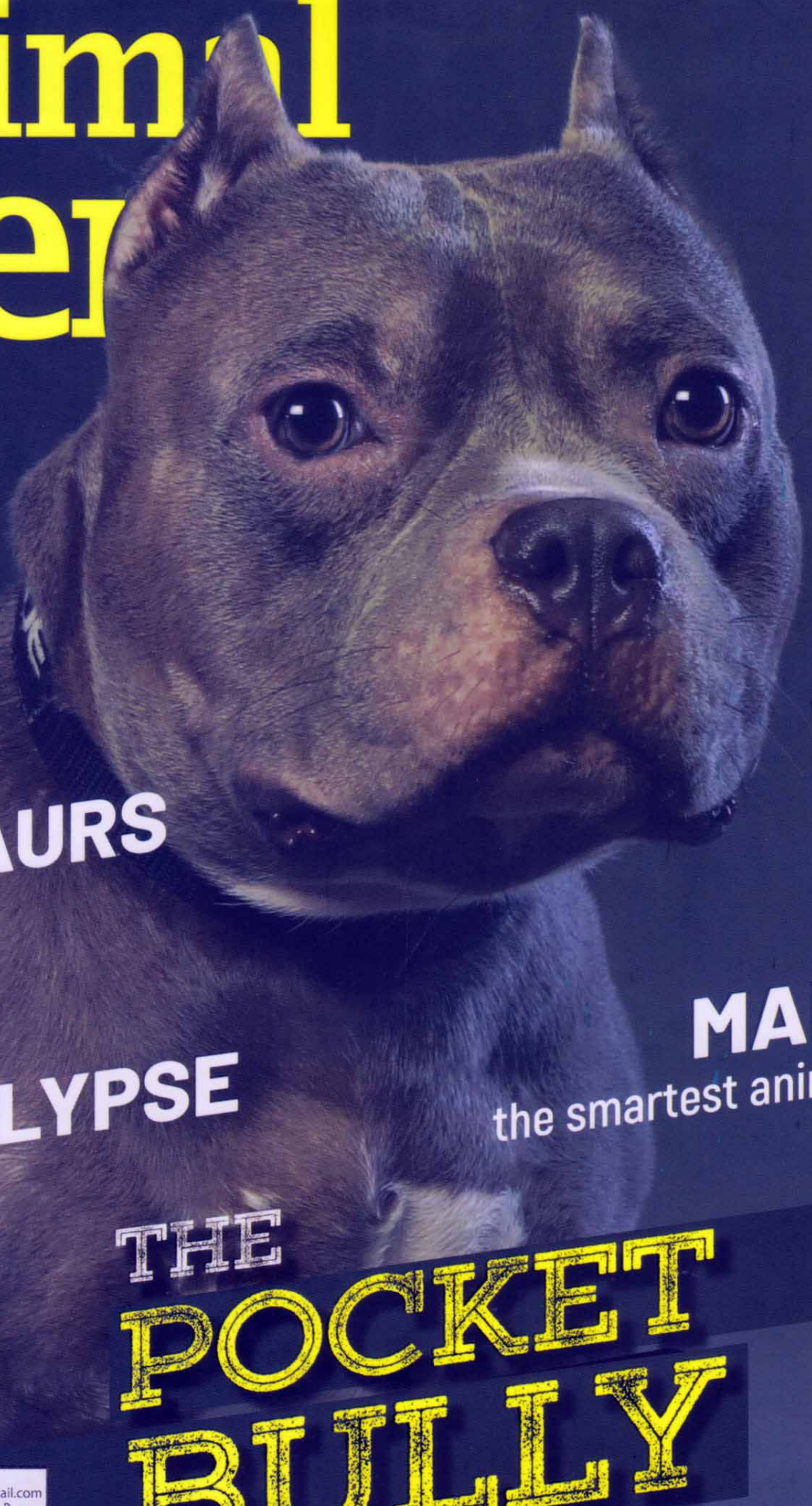


Animal Scene



The **FISH**
who swam
with
DINOSAURS

Invertebrates
ready for the
APOCALYPSE

MAN:
the smartest animal?

THE POCKET BULLY

NOVEMBER 2019



 paperustrading@gmail.com
0927-883-5847 

Contents

November 2019
Volume 19 • Number 09



6 **FU**reedom Wall

On being smart

by Stef dela Cruz, MD

8 **Animal Appeal**

*Design with a fur-pose:
The evolution of pet fashion
in the country*

by Maxine Louise Lagman

12 **Advocate**

*Labor for love: The reality
of working animals*

by Isoné Alís

16 **Advocate**

*Is Man truly the smartest
animal on earth?*

by Richard Leo Ramos

24 **Scene Zone**

*Beauty beyond breed:
A fun day for all felines*

by Maxine Louise Lagman

30 **Animal Appeal**

*It's not easy being green
The life of an iguana*

by Gabbie Abesamis

36 **Sealy Special**

*The Argentine Black and
White Tegu*

by Megan Cabalcar

44 **Scene Zone**

*Working dogs in the
limelight*

by Harvey Villanueva

48 **Cover Story**

*Keeping it healthy
with a pocket bully*

by Maxine Louise Lagman

56 **Scene Zone**

*A football fundraiser
for felines*

by Maxine Louise Lagman

61 **Advocate**

*Cow's versus canines:
Are they really
that different?*

by Roxanne Libatique

66 **The Wild Side**

*Meet the coelacanth, a fish
who swam with dinosaurs*

by Gregg Yan

70 **Fins, Feathers, and Fur**

*Oranda goldfish
in my oval pond*

by Manuel Yap

76 **Advocate**

*5 Differently-abled dogs you
have to follow on Instagram*

by Aurus Feal Sy

82 **Inchordate**

*Crayfish are more prepared
for the apocalypse than
you are*

by Michiko Manalang

86 **Inchordate**

*Slow as a rabbit:
The Yellow Poso Snail*

by Cliff Sawit

100 **For Pet's Sake**

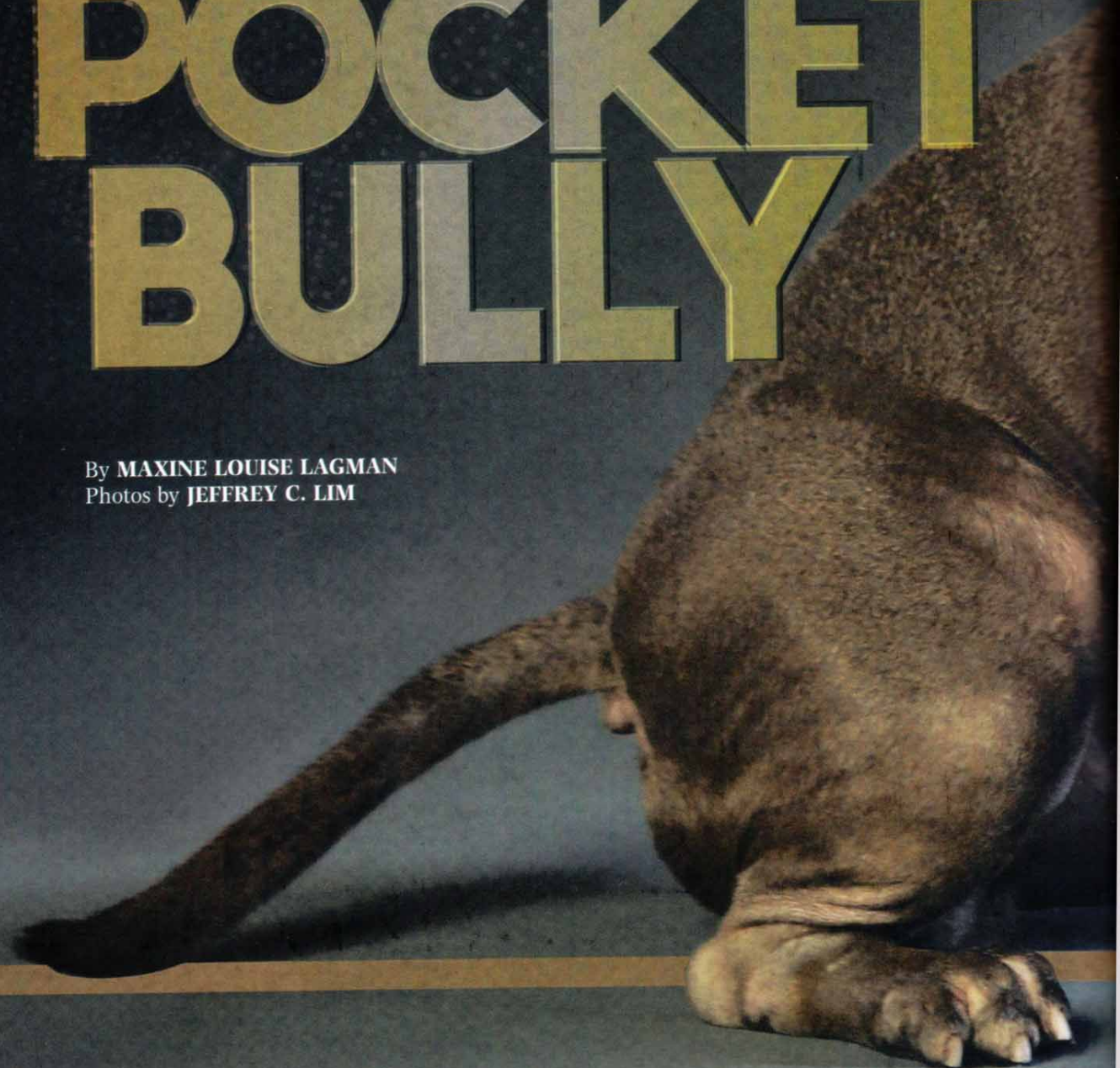
Loving companion animals

by Ramon Francisco

KEEPING IT HEALTHY
WITH A

POCKET BULLY

By **MAXINE LOUISE LAGMAN**
Photos by **JEFFREY C. LIM**



Cover Story



It goes without saying that dogs are man's best friends. Naturally, as best friends, they do a lot of things together, which may include a range of activities like jogging in the morning, playing fetch, or even going to the gym.

For Chris Hernandez, a CrossFit athlete, trainer, and coach at Primal Ape CrossFit, there's no better workout partner than his best bud and fur-baby, T-Pain.

Named after the popular American rapper, T-Pain happens to be a three-year-old pocket bully. While he does not get the same stage spotlight as his namesake, he definitely gets it at the gym where he regularly goes with Hernandez. His workout routine involves running and playing fetch.

"After ng training ko, minsan sinasabay ko siya sa takbo. Pero after ng class ko, minsan pinapa-play fetch kasi kailangan pa rin siyang makatakbo," Hernandez tells Animal Scene in an interview.

"Depende din kung [ilang oras kami tatakbo]. Siguro maka-limang 30 meters kami, dadapa na siya at iinom ng tubig."

EXERCISE WITH THE BULLY

Pocket bullies are an amended version of the American Bully Standard, which means they share the same traits and characteristics. One such similarity is that they are known to be very active dogs. If you are thinking about sharing your home with one, you must be able to put in the time and effort to train and exercise them on a regular basis. All dogs need exercise, and for a high energy dog like the pocket bully, it is important to provide them with a regular

workout routine in order to be healthy.

"[Our relationship strengthens] *kasi parang nare-release naming pareho yung energy namin to good use,*" Hernandez says.

Exercising them will help strengthen their immune system and prevent health issues, such as joint and heart problems. It will also help stimulate their mental capabilities.

One thing to consider when

training pocket bullies is their brachycephalic condition. This means that they have a short nose and flat face, which could cause difficulties. However, it should not be a hindrance in training them, as long they are supervised closely.

"[Snub-nosed] *dog siya, mabilis siyang hingalin, pero kailangan pa rin talagang makipaglaro eh,*" Hernandez says. "*Hindi siya pwedeng nakakulong lang buong araw. Hindi 'yan kakain kapag hindi siya nakapag-workout.*"

EXERCISE TIPS FOR BRACHYCEPHALIC DOGS



WATCH THE WEATHER

Since this breed cannot handle extreme weather, letting them outside for a short walk or a five-minute playtime will suffice.



SHORT WALKS ARE IDEAL

If you see any signs of discomfort or exhaustion, take a break. Make sure not to push them too hard.



SCHEDULE DOGGY PLAY DATES

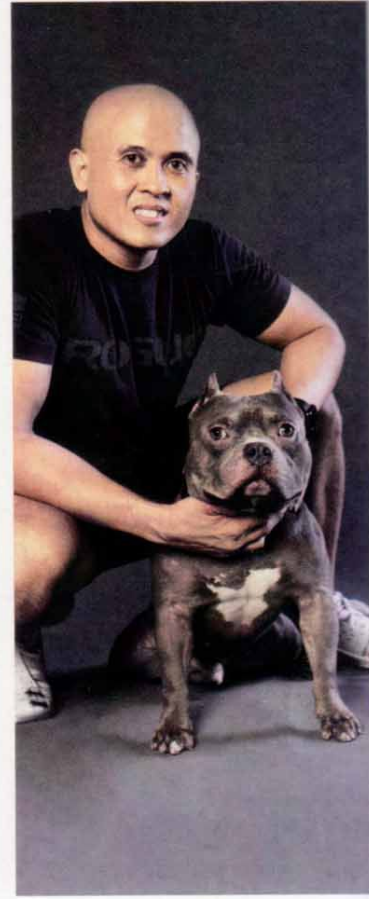
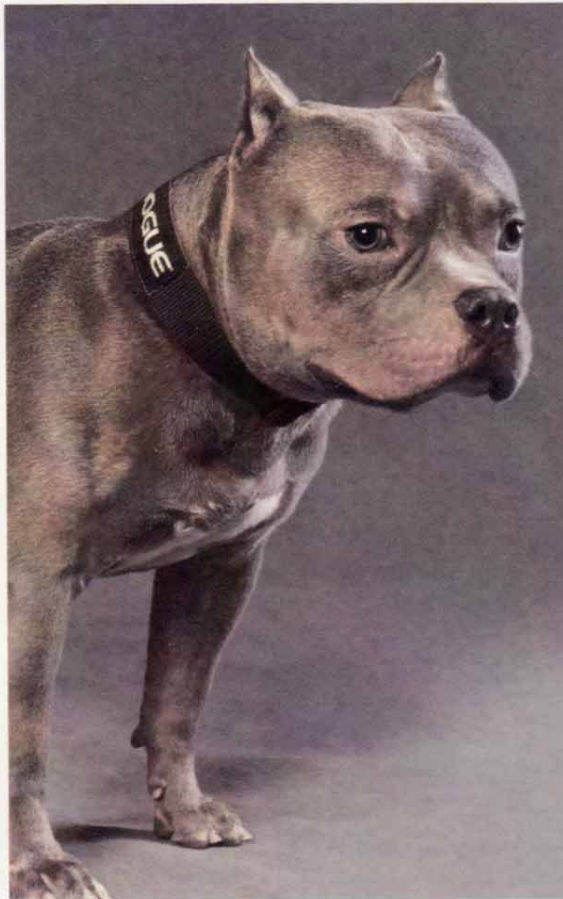
Meet up with a friend or neighbor and let your dogs play together for 20 to 30 minutes, with frequent breaks.



PROVIDE PUZZLE TOYS

Try using puzzle toys indoors in case you can't head outdoors. Mental stimulation is a good alternative to physical exercise.

Cover Story



GET TO KNOW T-PAIN

Do not be deceived and intimidated by his muscular build: T-Pain is far from scary. In fact, Hernandez exclaims that the dog wouldn't even bark at a strangers.

"Hindi siya pwedeng maging guard dog. Never mo siyang maririnig na mag-bark kapag may kumakatok sa bahay. Although mag-a-alert siya, hindi siya mag-a-alarm sayo,"

Hernandez says. If they had visitors at home, it was automatic for T-Pain to jump into their hands and welcome them with a lick on the face.

T-Pain, though called a "bully," is a friendly dog who just wants to play with almost everybody – including cats. Hernandez recalls the time when T-Pain playfully charged at a cat in their house. Instead of getting some play time with his feline housemate, all he got was a scratch. *"Iniisip lang kasi niya playtime palagi,"* Hernandez says.

Just like any father, Hernandez often worries about T-Pain when he's left alone at home. *"Hindi siya pwedeng maiwan mag-isa sa bahay ng matagal. Medyo paranoid lang ako na baka mainitan siya o ano, kasi para rin siyang bata. Kailangan at least merong nagbabantay,"* Hernandez says.

Aside from exercising, T-Pain also has a knack for snacks. Hernandez often cooks healthy food for him, but he would let T-Pain indulge in nibbles from time to time. T-Pain is very well taken care of, which is why Hernandez hasn't had any

problems with the dog's health.

He adds that having a dog like T-Pain is no easy responsibility. Dog lovers who plan to adopt a pocket bully need to be hands-on and should dedicate plenty of time to spend with them. *"Hindi [yung] parang bumili ka lang ng aso tapos ikulong mo at pakakainin mo,"* Hernandez says. *"Kailangan [ang human] magka-time and spend it with them."*

Cover Story



Alone Doggie Soul

For Filipinos the month of November is synonymous with the tradition of Undas or All Saints Day. It's a time when families head back to their ancestral tombs, connect with relatives, and pray for the souls of the dearly departed. Ironically, during this time of reflection there is one member of the family who is often overlooked - our furry, four legged friend.

Pets are often left at home when hectic trips like Undas are taken. But for social creatures like dogs, being alone in an empty house isn't conducive to good behavior. How then can you prevent a dog from catching cabin fever? Here are some tips.

Get them Ready - From the start get them used to being alone. Alternate the times when you pay attention to them and when you leave them on their own. Do this gradually, especially if they're puppies. Start with a few minutes to a half hour and reward them if they behave. Progressively make the absences longer until they are fine without your presence

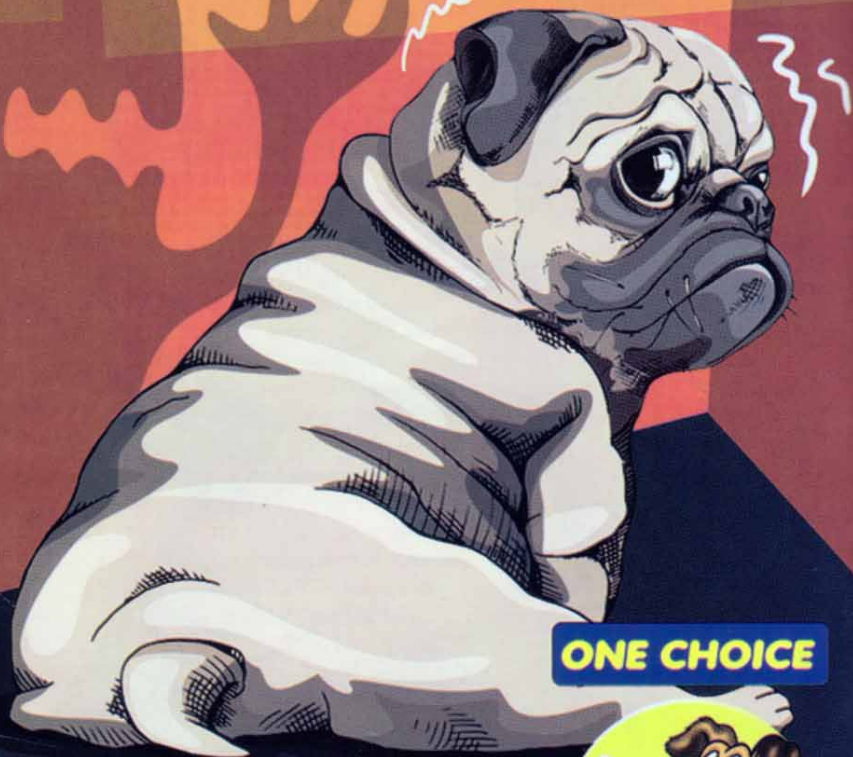
Set the Scene - What's around your dog is just as important as training. When doing your acclimating conduct it in the places the dog will frequent on his own, often times that will mean your home. Socialize him with other friends and family so he can get used to them. This is important if you need to leave him with someone else for an extended period of time.

And if he is staying outside that means he's exposed to the yard's creepy crawlies - ticks and fleas. Once you are back it's best to clean him up with parasite fighting cleansers like Kawati Naturale by Doggies' Choice.

Made with kakawate, Kawati Naturale provides a natural tick and flea fighting ability while leaving fur cleansed, volumized, and healthy. All without harshly affecting sensitive dog skin. Now, even if you aren't there, your dog knows you are there for him in spirit.

Other Considerations - If you are keeping him inside make sure you've trained his bladder. Stinky "accidents" might happen if you don't. If the trip you're taking is more than eight hours or at least overnight, have someone check up on your dog and see to his needs. It's probably better if you have a sitter or pet boarding service if you see more than a few days away.

Inside or Outside - Exactly where your pooch will hang out during your time away is also important. Does he have a space in the house to call his own? Make sure it has a place to rest, toys to keep him occupied, and access to some sort of refreshment. Keeping him in the yard? Make sure he has access to shelter, like a sturdy dog house, if the weather turns for the worst.



ONE CHOICE



Join the conversation! If you have more dog friendly tips or just want to talk about all things canine visit

WWW.FACEBOOK.COM/DOGGIESCHOICE